Swachhagrahis, DRGs trained in COVID-19 prevention & care

The State Training Management Unit (STMU) of Rajasthan has embarked on a massive drive to build awareness among swachhagrahis (front line workers) and District Resource Groups (DRG) about COVID-19 prevention and care.

Good sanitation and hygiene have become more critical at the time of the COVID-19 pandemic and it is vital for frontline workers to learn of the steps to prevention and care.

Over the next few weeks, the State Swachh Bharat Mission Grameen (SBM-G) Unit intends to provide a one-day orientation to as many as 17 lakh family heads in villages across all 33 districts of the State.

Given that safety protocols are a part of the new normal, all COVID-19 safety protocols prescribed in the guidelines will observed during this training, said Mr. Parag Choudhary, Deputy Director, Swachh Bharat mission Grameen.

Among the topics covered were:

• **What is Coronavirus and how does it spread?**

• **COVID-19-appropriate behaviours:**
  - Importance of physical distancing, usage, and maintenance of masks, washing hands and using sanitizer, covering nose and mouth while coughing or sneezing.
  - The need to avoid touching of eyes, nose and mouth; and refrain from spitting; to clean and disinfect all surfaces, to avoid unnecessary travel or going to crowded places; to avoid discrimination against those who have suffered from COVID earlier and health workers.

• **Guidelines for home isolation of mild and asymptomatic cases.**